
Suffering exposes:

A deeply embedded entitled and demanding spirit in me.

A stubborn commitment to hold on to what I believe I need.

Blessings should be non-negotiable with God. I (deserved)

The belief that what I need *justifies whatever I want to do*.

Turning to blessings instead of God is the essence of moral and spiritual treason.

is the deepest way of turning our hearts from the world to Him.

Ordained blessings and trials...

Job 5:17 "Behold, happy is the man whom God reproves; therefore despise not the chastening of the Almighty. ¹⁸ For he wounds, but he binds up; he smites, but his hands heal.

Romans 5:3 More than that, we rejoice in our sufferings, knowing that suffering produces endurance, ⁴ and endurance produces character, and character produces hope, ⁵ and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us.

Key: Pg 1: "life" Pg 3: beliefs. exposes. Pg 4: Suffering

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The Surprising Virtue of Depression

Dark Clouds, Silver Linings—pt 4

Job 1, 2; October 26, 2014

Depression: Will a man serve God for nothing?

Job 1:1 In the land of Uz there lived a man whose name was Job. This man was blameless and upright; he feared God and shunned evil. ² He had seven sons and three daughters, ³ and he owned seven thousand sheep, three thousand camels, five hundred yoke of oxen and five hundred donkeys, and had a large number of servants. He was the greatest man among all the people of the East.

Job 1:8 Then the LORD said to Satan, "Have you considered my servant Job? There is no one on earth like him; he is blameless and upright, a man who fears God and shuns evil." ⁹ "Does Job fear God for nothing?" Satan replied. ¹⁰ "Have you not put a hedge around him and his household and everything he has? You have blessed the work of his hands, so that his flocks and herds are spread throughout the land.

¹¹ But stretch out your hand and strike everything he has, and he will surely curse you to your face."

Depression: the loss of what we deem " ".

Job 1:12 The LORD said to Satan, "Very well, then, everything he has is in your hands, but on the man himself do not lay a finger."

¹³ One day when Job's sons and daughters were feasting and drinking wine at the oldest brother's house, ¹⁴ a messenger came to Job and said, "The oxen were plowing and the donkeys were grazing nearby, ¹⁵ and the Sabeans attacked and

carried them off. They put the servants to the sword, and I am the only one who has escaped to tell you!"

¹⁶ While he was still speaking, another messenger came and said, "The fire of God fell from the sky and burned up the sheep and the servants, and I am the only one who has escaped to tell you!"

¹⁷ While he was still speaking, another messenger came and said, "The Chaldeans formed three raiding parties and swept down on your camels and carried them off. They put the servants to the sword, and I am the only one who has escaped to tell you!"

¹⁸ While he was still speaking, yet another messenger came and said, "Your sons and daughters were feasting and drinking wine at the oldest brother's house, ¹⁹ when suddenly a mighty wind swept in from the desert and struck the four corners of the house. It collapsed on them and they are dead, and I am the only one who has escaped to tell you!"

Depression: Job's initial response

Job 1:20 At this, Job got up and tore his robe and shaved his head. Then he fell to the ground in worship

Job 1:21 and said: "Naked I came from my mother's womb, and naked I will depart. The LORD gave and the LORD has taken away; may the name of the LORD be praised."

²² In all this, Job did not sin by charging God with wrongdoing.

Depression: exposes our deepest _____ about God, blessings, and "life"

Job 2:4 "Skin for skin!" Satan replied. "A man will give all he has for his own life.

⁵ But stretch out your hand and strike his flesh and bones, and he will surely curse you to your face."

⁶ The LORD said to Satan, "Very well, then, he is in your hands; but you must spare his life."

⁷ So Satan went out from the presence of the LORD and afflicted Job with painful sores from the soles of his feet to the top of his head.

⁸ Then Job took a piece of broken pottery and scraped himself with it as he sat among the ashes.

⁹ His wife said to him, "Are you still holding on to your integrity? Curse God and die!"

¹⁰ He replied, "You are talking like a foolish woman. Shall we accept good from God, and not trouble?" In all this, Job did not sin in what he said.

Depression _____ the "gunk" that drives us in wrong directions

Depression is fueled by a **priority belief** that no matter what **I do**, I cannot get the "**life**" I believe I **need** and **deserve**.
