Freedom in G Psalms 25:6 (RSV) Be mindful thy steadfast love, for they have not the sins of my youth, or my steadfast love remember me, fo	been from of old. ⁷ Remember transgressions; according to thy
Gratitude t	haws shame!
■ Romans 2:4 Or do you show contempt for the riches of his kindness, tolerance and patience, not realizing that God's kindness leads you toward repentance?	

¹² Restore to me the joy of thy salvation, and uphold me with a willing spirit. ¹³ Then I will teach transgressors thy ways, and sinners will return to thee. ¹⁴ Deliver me from bloodguiltiness, O God, thou God of my salvation, and my tongue will sing aloud of thy deliverance.

Key: pg 1: Invitation; pg 2: Humility. Pg. 3 Hope.

pg 4: Gratitude. Serve.

Freedom to S

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Shame, part 2

How Life Feels—part 12 July 12, 2020

Bad shame vs good shame

2 Corinthians 7:8 Even if I caused you sorrow by my letter, I do not regret it. Though I did regret it--I see that my letter hurt you, but only for a little while-- 9 yet now I am happy, not because you were made sorry, but because your sorrow led you to repentance. For you became sorrowful as God intended and so were not harmed in any way by us.

Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death. 11

See what this godly sorrow has produced in you: what earnestness, what eagerness to clear yourselves, what indignation, what alarm, what longing, what concern, what readiness to see justice done. At every point you have proved yourselves to be innocent in this matter.

Shame is an I	to grace!
SHAIHE IS AH I	to grace:

How Jesus dealt with shame

Philippians 2:6 Who, being in very nature God, did not consider equality with God something to be grasped, ⁷ but made himself nothing, taking the very nature of a servant, being made in human likeness.

⁸ And being found in appearance as a man, he humbled himself and became obedient to death-- even death on a cross!

Hebrews 12:1 Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with perseverance the race that is set before us, ² looking to Jesus the pioneer and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.

Colossians 2:13 (RSV) And you, who were dead in trespasses and the uncircumcision of your flesh, God made alive together with him, having forgiven us all our trespasses, ¹⁴ having canceled the bond which stood against us with its legal demands; this he set aside, nailing it to the cross. ¹⁵ He disarmed the principalities and powers and made a public example of them, triumphing over them in him.

Freedom in H: the Desire for Redemption

<u>Godly shame</u>: Desire for redemption—>Humility-> Outside source- Jesus, our hope—>Surprising mercy, amazing grace—>Worship—>Gratitude increases freedom.

<u>Worldly shame</u>: Pride shamed—>Desire shamed-> Inside source—>Pressure—>Less hope—>New idols->Anger-> REPEAT

Psalms 51:1 (RSV) Have mercy on me, O God, according to thy steadfast love; according to thy abundant mercy blot out my transgressions. ² Wash me thoroughly from my iniquity, and cleanse me from my sin! ³ For I know my transgressions, and my sin is ever before me. ⁴ Against thee, thee only, have I sinned, and done that which is evil in thy sight, so that thou art justified in thy sentence and blameless

in thy judgment. ⁶ Behold, thou desirest truth in the inward being; therefore teach me wisdom in my secret heart. ⁷ Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow. ⁸ Fill me with joy and gladness; let the bones which thou hast broken rejoice. ⁹ Hide thy face from my sins, and blot out all my iniquities.

Create in me a clean heart, O God, and put a new and right spirit within me. ¹¹ Cast me not away from thy presence, and take not thy holy Spirit from me. ¹² Restore to me the joy of thy salvation, and uphold me with a willing spirit. ¹³ Then I will teach transgressors thy ways, and sinners will return to thee. ¹⁴ Deliver me from bloodguiltiness, O God, thou God of my salvation, and my tongue will sing aloud of thy deliverance. ¹⁵ O Lord, open thou my lips, and my mouth shall show forth thy praise. ¹⁶ For thou hast no delight in sacrifice; were I to give a burnt offering, thou wouldst not be pleased.

Psalms 51:17 (RSV) The sacrifice acceptable to God is a <u>broken spirit</u>; a <u>broken and contrite heart</u>, O God, thou wilt not despise.

Freedom in H : Confidence in an Advocate.

Psalms 25:1 (RSV) To thee, O LORD, I lift up my soul. ² O my God, in thee I trust, let me not be put to shame; let not my enemies exult over me. ³ Yea, let none that wait for thee be put to shame; let them be ashamed who are wantonly treacherous.

I John 2:1 (RSV) My little children, I am writing this to you so that you may not sin; but if any one does sin, we have an <u>advocate</u> with the Father, Jesus Christ the righteous; ² and he is the expiation for our sins, and not for ours only but also for the sins of the whole world.

Hope in our Advocate is to be our central source of joy.