
- **Put off, Put on #5**

Ephesians 4:31 Let all bitterness and wrath and anger and clamor and slander be put away from you, with all malice, ³² and be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

Stop this:

Bitterness -

Wrath – *thumos* -

Anger – *orge*.

Clamor – *kraugē* -

Slander – *blasphēmia* -

Start this:

Kindness – *chrēstōs*, -

Compassionate – *ēusplagchnōs* -

Forgive - *charizōmai*, -

Here's why:

...like Christ forgave you.

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New Usness

Ephesians 4:17-24

September 28, 2025

Ephesians:

Eph. 1: God chose , redeemed, seals and empowers you.

Eph. 2: Man's predicament, But God saved you, even us!

Eph. 3: God uniting people, people knowing God, people loving people.

Eph. 4: Usness, Usness serving, Old Usness, New Usness

A **Key idea**: The replacement principle.

A **Pattern**: Stop this. Start that. Here's why!

- **Put off, Put on #1**

*Ephesians 4:25 Therefore, putting away **falsehood**,*

Stop this:

Falsehood: *apōtithēmi* -

Start this:

*...let everyone speak the **truth** with his neighbor...*

Here's why:

...for we are all members of one body.

- **Put off, Put on #2**

Ephesians 4:26 Be angry but do not sin; do not let the sun go down on your anger,²⁷ and give no opportunity to the devil.

Stop this:

Be angry but do not sin

James 4:1 What causes fights and quarrels among you? Don't they come from your desires that battle within you?² You want something but don't get it. You kill and covet, but you cannot have what you want. You quarrel and fight. You do not have, because you do not ask God.³
When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures.

Start this:

Psalm 4:4 Be angry, and do not sin; ponder in your own hearts on your beds and be silent.

Here's why:

Eph. 4:26 ... do not let the sun go down on your anger,²⁷ and give no opportunity to the devil.

- **Put off, Put on #3**

Ephesians 4:28 Let the thief no longer steal, but rather let him labor, doing honest work with his hands, so that he may be able to give to those in need.

Stop this:

No longer steal

Start this:

Labor - köpiaō -

Work – ěrgazōmai -

Here's why:

so that he may be able to give to those in need.

- **Put off, Put on #4**

Ephesians 4:29 Let no evil talk come out of your mouths, but only such as is good for edifying, as fits the occasion, that it may impart grace to those who hear.³⁰ And do not grieve the Holy Spirit of God, in whom you were sealed for the day of redemption.

Stop this:

Let no evil talk ...

Start this:

3 purposes in our words

Here's why:
